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## **Multipurpose Senior Services Program (MSSP)**

Huntington Hospital Senior Care Network's Multipurpose Senior Services Program (MSSP) provides care coordination services to seniors on Medi-Cal whose physical or cognitive disabilities put them at risk of nursing home placement. MSSP care coordinators are community health nurses and social workers who assist clients to access the services they need to remain in their home.

Huntington Hospital Senior Care Network's MSSP is part of a statewide system funded through a Medicaid (Medi-Cal) waiver to delay or prevent nursing home placement for frail elders by coordinating services in the home at a lower cost to the government than a nursing home stay. The California Department of Aging administers the funding and oversees the program. There is no cost to eligible clients.

### **Why MSSP is Important**

Many seniors who need substantial care to remain at home do not know which services they need or how to obtain them. MSSP's nursing and social work professionals form an interdisciplinary team to provide each client with health and psychosocial assessments in the home. MSSP care coordinators work with individuals and their families each month to assess needs, access existing resources and purchase supplementary services when essential. Close coordination with each individual's medical providers and health and benefits plans helps to maximize health and well-being. MSSP care coordinators also provide valuable guidance and support to family members and caregivers.

### **Featured Services**

- Assess caregiving, healthcare, home safety and equipment needs
- Link to resources needed to maintain health such as meals, housekeeping and transportation
- Coordinate and monitor in-home help
- Plan for future care needs
- Provide advocacy, support and guidance
- Act as a liaison to families at a distance
- Educate about advance healthcare directives
- Empower client and family decision-making capabilities

### **Eligibility Requirements**

- Age 65 or older
- Has Medi-Cal coverage
- Qualifies for placement in a skilled nursing facility
- Lives in the San Gabriel Valley or Pomona Valley of Los Angeles County

