

MEDICAL STAFF

Huntington Hospital NEWSLETTER

VOLUME 48, NUMBER 11 November, 2010

From *The President*



And I looked, and behold a pale horse: and his name that sat on him was Death, and Hell followed with him. And power was given unto them over the fourth part of the earth, to kill with sword, and with hunger, and with death, and with the beasts of the earth. The Revelation of Saint John, 6:8

The book of Revelation sets forth the suffering that the human race must endure before the end of time in a metaphor represented by the four horsemen of the Apocalypse: conquest, death, famine, and war. We are ceaselessly deluged with these misfortunes on news broadcasts throughout our days and nights. Less exposed have been the contributions of physicians and surgeons who have endeavored to heal the sick and wounded in the awful fields of combat throughout history. Their efforts in so many, nearly endless, military campaigns throughout the world have not only given aid and respite to wounded soldiers, but have enhanced medical knowledge and improved care for all mankind.

The Iliad describes perhaps the first written account of the surgical treatment of battle wounds. Makaon, the son of Asklepios, removed an arrow from the side of Menelaus, the previous husband of Helen of Troy, sucked out the blood, and applied a healing salve originally given to Asklepios by Cheiron, the centaur who had raised Asklepios and taught him the healing arts. Galen, whose work dominated medical teaching for the next millennium, learned his art treating the wounds of gladiators, and was “discovered” by the

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Summary of the *Minutes for MEC*

Executive Committee Meeting

As provided by the Bylaws of the Governing Body and as the designated sub-committee of the Governing Board the following items were presented and approved by the Medical Executive Committee of October 7, 2010 and by the Governing Board on October 28, 2010.

PRESIDENT’S REPORT

The hospital has received a four-year reaccreditation for the Continuing Medical Education Program. The September event report was presented.

MEDICAL STAFF APPOINTMENTS

- Bryson, Julie, MD – Physical Medicine and Rehabilitation – solo
- Chao, Joseph, MD – Hematology/Oncology – joining So. Pasadena Cancer Specialist
- Chu, Thomas, MD – Ophthalmology – solo
- Harder, Priya, MD – Pediatrics – joining Rose City Pediatrics
- Nelson, Lara, MD – Pediatric Critical Care – joining Children’s Hospital of LA

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Summary of the *Minutes*

Executive Committee Meeting

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- Pathak, Bhuvan, MD – Maternal/Fetal Medicine – solo
- Schooler, Wesley, MD – Plastic Surgery – joining USC Plastic and Reconstructive Surgery
- Vanis, Richard, MD – Orthopedic Surgery – solo

MEDICAL STAFF RESIGNATIONS

- Ashjian, Peter, MD – Plastic Surgery
- Bergin, Colleen, MD – Diagnostic Radiology
- Culotta Anthony, MD – Ophthalmology
- Frank, John, MD – Pediatrics
- Jiao, Lu, MD – Internal Medicine
- Lightdale, Nina, MD – Pediatric Orthopedics
- Mong, David, MD – Diagnostic Radiology
- Sahay, Leena, MD – Internal Medicine

ADMINISTRATIVE REPORT

Mr. Ralph reported on the upcoming opening of the Pasadena Urgent Care Center. The center is owned by the City of Pasadena and is operated by the Huntington Medical Foundation. 3160 E. Del Mar Blvd, Pasadena. Hours: Daily, 7 am to 10 pm.

DEPARTMENTAL AND SECTION RULES AND REGULATION REVISION

Pulmonary Section Rules and Regulations – Revisions included the deletion of the procedural proctoring requirements, which will be maintained only on the privilege sheet.

Surgery Department Rules and Regulations – Plastic Surgery Section – Amended to indicate that the Emergency Department call panel is open to all members including provisional staff members still undergoing proctoring. Amended to indicate that the notice for the Plastic Surgery Section meeting when nominations are slated for solicitation and will include a written notification to the Section members that the election process is slated to take place at the next meeting.

PRIVILEGE CARD REVISION

Pulmonary Privilege Sheet (Revisions include modifications to the privileging criteria for sleep

medicine and deletion of the privileges that overlap with the Critical Care Privilege Sheet)

Otolaryngology Privilege Sheet (Revisions include the addition of criteria and privileges for robotic procedures; deletion of procedures that were listed twice on the privilege sheet).

DEPARTMENTAL POLICIES AND PROCEDURES AND ORDER SETS

For specifics go to Medical Staff Services on MyAlliance

Department of Obstetrics and Gynecology

Labor and Delivery Policies:

4 items were approved

Labor and Delivery Order Set Review:

1 item was approved

Department of Pediatrics

Respiratory Children's Services Policy Review:

8 items were approved

Neonatal Policy Review:

28 items were approved

Department of Surgery

Surgery Policy Review:

3 items were approved

Surgery Order Set Review:

6 items were approved

ORGANIZATION WIDE POLICIES AND PROCEDURES

10 items were approved

STANDARDIZED PROCEDURES

1 item was approved

ORDER SETS

3 items were approved

FORMULARY MANAGEMENT

2 items were approved

William Coburn, DO

Secretary / Treasurer Medical Staff

From *The President* continued from page 1

emperor, Marcus Aurelius, who made Galen his personal physician. Galen was the author of some 400 works in which he describes removal of nasal polyps, elimination of varicose veins, plastic surgery for cleft lip, uvulectomy for coughing, trepanning of the skull, and intestinal or abdominal wall suture of penetrating abdominal wounds of the gladiators. He may, however, have had an overall negative influence on surgical progress because of his advocacy of suppuration as an essential and beneficial component of wound healing. Arabic medicine, which co-mingled with the Byzantine Empire in the fifth and sixth centuries and during the eight major crusades (1096-1270) emphasized cautery for the treatment of bleeding wounds and ulcers, inguinal hernias, and the treatment of tumors, since it did not violate the ecclesiastical prohibition of shedding blood. Even so, Rhazes was the first to describe the use of animal gut for ligatures in operations and the use of warm, moist compresses on the exposed bowel during abdominal operations. Surgery was reestablished as the treatment of choice by the great Ambrose Pare, who abandoned cautery of wounds as cruel and unnecessary. Slowly the advancement of medical knowledge extended to the battlefields of the 16th and 17th centuries. The American Revolution was characterized by highly provincial medical care with no standardization or agreement on unifying principles.

The framework for modern military medicine was established during the bloodiest battle of the American Civil War by Major Jonathon Letterman, the medical director of the Army of the Potomac under Union Army Commander Major General George B. McClellan. The battle of Antiedam was the first major battle to occur on Union soil. Within a twelve hour period, over 23,000 soldiers on both sides were wounded or killed. This horrible carnage inspired Letterman to institute the organization of aid stations, field hospitals, general hospitals, and an ambulance corps, that became the model for the system used today for both military and civilian trauma care. The helicopter evacuation of wounded personnel was perfected during the Vietnam conflict. Now, planes can transport wounded soldiers in a near-intensive care setting in an airplane with nurses, technicians and doctors to a destination major hospital for rapid top quality care.

This article is too short to catalog the many medical contributions of military physicians, but consider the significance of smallpox, plague, malaria, yellow fever, Q fever, anthrax, leptospirosis, bartonellosis, tularemia, brucellosis to name a few diseases that have been intensively investigated both with basic molecular biology and elegant epidemiologic surveys, with the practical result of minimizing harm to all of us.

Veterans Day is a federal holiday celebrated on November 11 to honor military veterans of every category. In many other countries, this date is celebrated as Armistice Day or Remembrance Day. The date, which commemorates the 11th hour of the 11th day of the 11th month of 1918, was originally meant to coincide with the end of hostilities of World War I. In May, 1938, the 11th of November was declared a legal holiday, and “a day to be dedicated to the cause of world peace and to be thereafter celebrated and know as ‘Armistice Day’.” Congress amended this act in 1953 and again in 1954 to celebrate all veterans, not just those who had served in WW I, and replaced “Armistice” with “Veterans.” Memorial Day, originally designated “Decoration Day”, is celebrated on the last day of May and commemorates United States soldiers who died while in military service. A tip of the hat to all who have served.

Whenever I take a medical history, I always ask about military service. For veterans, their service record is an important highlight of their lives. My residents have learned to do this, too (if only because they may have found a way to transfer a patient out!) Like most doctors of my era, I had the privilege of serving in the armed forces of the United States. It was a humbling experience, and not one that was altogether pleasant. But I learned a lot; and much of what I learned could never have been taught in college or medical school. I developed an immense respect for those who served in the military. For the most part, they tried to do their job as best they could under distasteful circumstances. Hollywood always got it wrong, and depicted soldiers as drug-addled automatons, heartless killers or worse. Vance Polich, M.D., read every book about the Vietnam era that had ever been published. Vance suggested I read *We Were Soldiers Once, And Young* by Lt. General

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New Chemical Dependency Recovery Center (CDRC) Open

Huntington is pleased to announce the opening of its newest specialty care unit, the Huntington Hospital Chemical Dependency Recovery Center (CDRC). The unit began accepting patients on September 27.

It has been recognized for some time that a specialty unit of this type was needed for the community, and our physicians have expressed a desire for optimal treatment of their patients with addictive disease. Huntington's CDRC is unique because it provides full medical care in a safe hospital environment, with an evidence-based therapeutic regimen for substance abuse and addiction. This is a much-needed alternative to detoxification treatment on a regular medical floor, which lacks the daily appropriate psychotherapeutic supports or peer involvement. The unit is designed to provide optimal privacy and dignity to our patients. The physical environment has an "old Pasadena style" that lends the relaxed and comfortable atmosphere we want to offer our patients. The CDRC will emphasize not only the detoxification process, but the key elements needed for long-term recovery.

Treatment will be provided by specially trained RNs, licensed chemical dependency counselors, licensed marriage family counselors and patient care associates as well as the attending physician and patient care associates as well as the attending physician and certified addictions medicine and addiction psychiatrists.

Leadership of the CDRC is provided by the medical directorship of Christian Rutland, MD, who is board certified in addiction medicine and psychiatry.

Krikor Jansezian, PhD, will serve as executive director, Hopey Witherby, RN-BC, MSN/ED, as department manager, and Edith Urner as department supervisor.

Krikor Jansezian, PhD
(626) 396-2323

From *The President*

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(Ret.) Hal Moore and Joe Galloway. The book inspired a controversial movie starring Mel Gibson as Col. Moore that, while still imperfect, probably better depicted the battles of the Vietnam War and the soldiers who fought them than any other account. A stunning hymn created by Randall Wallace and Nick Glennie-Smith is sung at the end of the film. This beautiful hymn was performed by the Armed Forces Chorus at the closing moment of President Ronald Reagan's funeral ceremony.

*To fallen soldiers let us sing,
Where no rockets fly nor bullets wing,
Our broken brothers let us bring
To the Mansions of the Lord.
No more bleeding, no more fight,
No prayers pleading through the night,
Just divine embrace, eternal light
In the Mansions of the Lord.
Where no mothers cry and no children weep,
We will stand and guard though the angels sleep,
Oh through the ages safely keep
The Mansions of the Lord.*

References:

- [1] Pruitt, BA Jr.: *Combat Surgery and Surgical Progress*. Ann. Surgery 243(6): June, 2006; 715-729.
- [2] *Observations on the Diseases of the Army*. Sir John Pringle, BART. Edward Earle, Philadelphia, 1810.
- [3] *Notes of Nursing: What it is, and What it is Not*. Florence Nightingale. London, Harrison, 59 Bookseller to the Queen, 1859.
- [4] *Memoirs of Military Surgery and Campaigns of the French Armies*. D.J. Larrey, March 20, 1914
- [5] Moore, Hal and Galloway, Joe: *We Were Soldiers Once...and Young: Ia Drang - the Battle That Changed the War in Vietnam* Random House, 1992.

Charles F. Sharp, MD
President Medical Staff

Welcome to Huntington Hospital From the Library!

*The Library wants to help you do your job better
by assisting you with your information needs.*

Visit our [web sites](#) on SharePoint and use most of our resources *from your desktop*.

The Health Sciences Library (HSL) gives you site-wide access to these *professional* resources AND MORE:

- The [Online Catalog](#) – contains records for all our books, journals, databases + selected Internet sites with links to e-resources
- [OvidSP](#) – contains full text e-books and e-journals linked to records in databases, e.g., MEDLINE, Evidence Based Medicine Reviews. (Off-site accounts are available.)
- [Nursing@Ovid](#) – contains resources, such as those in OvidSP, but geared to nursing topics.
- [MD Consult](#) – contains full text e-books and e-journals, practice guidelines, patient education materials and drug information (Off-site accounts are available)
- [UpToDate](#) – a point-of-care resource with monographs on clinical topics and patient information handouts
- [Natural Standard](#) – evidence based resource for complementary and alternative medicines

The Huntington Community Health Library (HCHL) gives you site-wide access to these resources created for the *layperson* AND MORE:

- The [Online Catalog](#) – contains records for all our books, journals, databases + selected Internet sites with links to e-resources
- [Gale Databases](#) – contains full text journal and magazine articles and books (textbook material in multilanguages)
- [MedlinePlus](#) – full text information on health topics in English, Spanish and other languages

Please contact us if you need any help locating information, that's what we are here for!

The Libraries are located on the 1st floor of the Wingate Building and is staffed from 8 AM to 4 PM Monday through Friday. Clinical staff has access 24/7 by using their badges for entry. Some books can be checked out and free photocopying is available. To contact us, call x5161 or e-mail library@huntingtonhospital.com.

For coffee and a brief library orientation, come to the library on the first Monday of the month at 10 AM. Please let us know you are coming, so we'll have enough coffee ready.

Sincerely, The Library Staff

*Sherrill Olsen,
Manager*

*Jeya Thangarajah,
Reference Librarian*

*Louisa Verma,
Reference Librarian*



New From the Community Health Library...

*It's now possible to give your patients off-site access
to an array of patient education materials.*

In addition to access to such excellent sources as Medlineplus (<http://medlineplus.gov/>), you, your patients and their families can now access the Library's **Gale resources from off-site**. Here you will find accurate and reliable information on diverse topics, available in an array of multimedia formats, including **video**, and **podcasts**.

Go to <http://infotrac.galegroup.com/>
When prompted, put in
pasa63450 as userid
library as password.

This leads to three resources:

• **Health Reference Center Academic:**

- ✓ Provides access to many full text nursing and allied health journals, updated daily
- ✓ Offers a variety of full text *consumer health* magazines, news articles, newsletters, pamphlets, videos and reference books.
- ✓ Items can be *translated into 11 different languages*, as well as converted to audio to listen via a computer (English only) or downloaded to an MP3 file, helping to address the informational needs of diverse populations.

• **Gale Virtual Reference Library/HCHL Electronic Books:**

Provides access to the following eBooks. Sections can be *translated into 11 different languages*, helping to address the informational needs of diverse populations.

- ✓ *Complete Human Diseases & Conditions*, 2008
- ✓ *Encyclopedia of Alternative Medicine*, 2009
- ✓ *Encyclopedia of Cancer*, 2006
- ✓ *Encyclopedia of Mental Health*, 2008
- ✓ *Encyclopedia of Senior Health*, 2009

✓ *Encyclopedia of Surgery*, 2004

✓ *Nutrition & Well-Being A to Z*, 2004

• **Health and Wellness Resource Center and Alternative Health Module:**

- ✓ Contains information from hundreds of medical journals, pamphlets, and general interest publications.
- ✓ Over 700 **videos**, articles from newsletters and newspapers providing access to the most up-to-date information.
- ✓ Drug & herbal remedies lookup and Alternative Medicine search for articles from Gale's *Encyclopedia of Alternative Medicine*.
- ✓ Includes *Mosby's Medical, Nursing, and Allied Health Dictionary*, and a list of Trusted Sites from top government and non-government associations.

If you have any questions or comments regarding this resource, contact the library at x5161 or library@huntingtonhospital.com.

Save the Date

The Annual Medical & Dental Staff
Holiday Celebration Open House

Friday, December 3, 2010

6:00 pm to 11:00 pm

(dancing begins at 9:00 pm)

The Langham Huntington Hotel

Formal invitations will be mailed out

Physician Informatics Corner

Physician Desktop

- Where can I **add/remove** patients from My List without placing an order?
- Where can I go to see the documentation for my patient in the ED?
- Where can I review my patient's Order History with 1 click?
- Where can I see my patients' most recent Outpatient lab results?



Physician Desktop

With a 5-10 minute in-service you can be using this new functionality.

Physician Rounding Tool

Physicians will now be able to access their patient lists and patient charts on a view that is configured to their phone/mobile device starting December. No more expanding or minimizing the electronic medical record to see the patient's chart!

Problem List

Would you like to be able to easily enter a Problem List with corresponding ICD-9 codes for your patients? We can show you how!

New Discharge Instructions

Please be aware that new Discharge Instructions will be in effect starting in November. These new Meditech-generated single-page paper forms will replace the current triplicate forms. They can be found in the physician section of the paper chart. Please update the discharge information at anytime. After the nursing staff has entered this data into the EMR, the patient will receive a copy. The discharge instructions will be available to view in the EMR after discharge.

Call, email or stop by the Physician Informatics office

Physician Informatics Office: 626-397-2500 or email:

Becky Pangburn:
becky.pangburn@huntingtonhospital.com

Jennifer Nunnery:
jennifer.nunnery@huntingtonhospital.com

Vera Ma:
vera.ma@huntingtonhospital.com

The New and the Improved at the Library's SharePoint site...

The SharePoint migration enabled the Library to add new features and improve the display of its resources. Visit the site via the **Health Sciences Library** link on the Home page – on the left under **Sites Most Used** – and let us know what you think.

NEW FEATURES –

All accessed from tabs at the top of the page.

- ❖ **Library Announcements** – our “What’s New” section is now in **Blog** format, allowing users to email announcements, add comments about the items and subscribe to posts via an RSS feed.
- ❖ **Calendar** – contains links to various online training events for our resources. Follow the links to learn more about the sessions and register for the classes.
- ❖ **Medical News** – stay up to date by following news feeds from AMA News, FDA – MedWatch Safety Alert, MDconsult, MedPage Today, Medscape Today, NIH News Releases

IMPROVED FEATURES

- ❖ **Online Databases** – now indicate [M] if mobile access is offered, and provide links directly to the **Help** pages and **Tutorials** for each resource.
- ❖ The **Community Health Library** resources link is now a tab at the top of the page.

We'd love to get your feedback and suggestions on the new SharePoint site. Contact us at x5161 or library@huntingtonhospital.com.

Fast Track Admissions Process – One call does it all.

In order to provide exceptional service to you and your patients, Huntington Hospital is introducing the “Fast-track” admissions program. This exciting new program is designed to significantly reduce the amount of time it takes to admit a patient to the hospital. In most cases pre-screened, eligible patients admitted through the “Fast-track” admissions program will receive a bed reservation with just one phone call to the hospital.

Following are three easy steps for admitting a patient through the Fast-track admissions program.

Contact the admitting office at (626) 397-5294 and provide the following information:

- Physicians ID#
- Patients name, and phone number
- Patients social security number, or valid government issued ID number
- Patients insurance information
- Admitting diagnosis
- Level of care required (CCU, DOU, ICU, telemetry, medical/surgical, etc.)

If the patient is eligible for admission we will make every effort to ensure timely admission. Note: we encourage patients to arrive at the hospital within three hours upon notification to ensure a bed is available when they arrive.

Please note: During peak census periods a bed may not be immediately available. However, patients with an urgent clinical need will be directed to the emergency department until a bed can be assigned. Your assistance in providing the information above will significantly reduce the amount of time your patient spends waiting for a bed. If the patient does not have an urgent clinical need, you will be contacted as soon as a bed becomes available.

We look forward to providing you and your patients with the best admissions experience possible.

Karen Abubo
Six Sigma

FAST-MAG Update

Most of you are aware that Huntington Hospital is an integral part of the multi-centered FAST-MAG NIH-NINDS (National Institute of Neurologic Disorders and Strokes) sponsored clinical trial examining the effect of field initiation of IV Magnesium administered as a neuroprotective therapy during the first two hours of acute stroke symptoms. What you may not know is that Huntington is #1 in enrollments of FAST-MAG patients out of the 51 participating hospitals: We have enrolled, evaluated and treated 74 out of the total 1,115 patients over the past 6 years. The goal is to enroll a total of 1,700 patients in order to allow validation of the results. As a stroke center we receive acute stroke patients on a regular basis allowing Huntington to significantly contribute to this landmark study. One of the unique aspects of this study is that the initiation of the protocol occurs via cell phone contact between the paramedic caring for the patient and a neurologist. The patient is actually consented for the study while in the ambulance resulting in the first IV dose of Magnesium (or Placebo since this is a double-blind study) being administered prior to hospital arrival. The study protocol does not preclude any other stroke treatment. Another singular aspect of this study is that no matter what the results reveal, future pre-hospital treatment studies will benefit from the FAST-MAG unique methods. Worldwide, this study is the first of its kind. Huntington continues to exemplify a distinguished “community hospital and a facility with commitment to future knowledge.

Robert T. Goldweber, M.D., FACEP
Principal Investigator
FAST-MAG HMH

CME Corner



UPCOMING PROGRAMS FOR THE FIRST THURSDAY MEDICAL WORKSHOPS:

2010

11/4/10 – Winter Infections

12/2/10 – Update from the XVIII International AIDS Conference, Vienna Austria

FIRST THURSDAY MEDICAL WORKSHOPS:

Topic: Winter Infections

Date: November 4, 2010

Time: 8:00 AM

Place: Research Conference Hall

Gap Analysis: Update physicians on flu vaccine

Objectives: At the end of the conference, the participants should be able to:

1. Integrate new vaccine treatment options for therapies

Methods: Lecture with a question and answer period

Evaluation: Post-activity evaluation form

Speaker(s): Kevin B. Lake, MD –
Internal Medicine/Pulmonary Disease
Kimberly A. Shriner, MD –
Internal Medicine/Infectious Disease

Credit: 1 *AMA PRA Category 1 Credit*TM

UPCOMING MEDICAL GRAND ROUNDS:

11/05/10 – Meningitis

12/3/10 – Nothing has been scheduled for this date

MEDICAL GRAND ROUNDS:

Topic: Meningitis

Date: November 5, 2010

Time: 12:00 PM

Place: Research Conference Hall

Gap Analysis: Knowledge Gap: There were a few cases where ED physicians failed to consider bacterial meningitis and appropriately manage patients (i.e. CSF appeared to be bacterial but patients were sent home, patient with possibly partially treated bacterial meningitis had bad outcome, and patient with abnormal vital signs and abs with a headache did not have an LP)

Objectives: At the end of the conference, the participants should be able to:

1. Describe initial evaluation of patients with suspected meningitis
2. Differentiate between viral vs. bacterial etiologies of meningitis
3. State antimicrobial options for treatment of meningitis
4. Outline the various components of cultural diversities (epidemiology, gender, age, race, religion, ethnicity, language, sexual orientation, socio-economics, etc.) that relate to demographics, diagnosis and treatment.

Audience: All interested physicians

Methods: Lecture with a question and answer period

Evaluation: Post-activity evaluation form

Speaker: Arbi Ohanian, MD, Medical Director of Stroke Center, Huntington Memorial Hospital

Credit: 1 *AMA PRA Category 1 Credit*TM



Huntington Hospital

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MEDICAL STAFF

N E W S L E T T E R

November, 2010