

Prep for CT Chest and/or Abdomen/ Pelvis w/ IV Contrast Only

- 1) You must bring your prescription/ order from your doctor prior to scheduling appointment. It must clearly state "with IV Contrast" and not "with Contrast". Lab work must include BUN and Creatinine usually screened under a BMP (Basic Metabolic Panel). It can be faxed to (626) 397-2975.
- 2) Please download and fill out our Contrast Media form [\[Link on this page\]](#) and notify us if you are Diabetic and taking any form of Metformin or (Glucophage); Fortamet, Glumetza, Riomet, Avandamet, Glucovance, Actoplus Met.
- 3) Please be ready to give us a list of your medications, significant health conditions (especially asthma, heart problems, or kidney problems), and history of any prior allergic reaction to an IV contrast injection. In the event of certain allergies pre-medications can be prescribed.
- 4) Please do not eat solid food for at least 4 hours prior to your exam. A small quantity of clear liquids is OK.
- 5) You may continue to take your medications.
- 6) Please arrive at least 30 minutes prior to exam.
- 7) Your scan time should take no longer than 10 to 15 minutes to complete. Due to our high inpatient volume we apologize for any delay in your scan.

Please leave your jewelry and valuables at home. Try to wear comfortable clothing free of zippers, belts, metallic buttons or snaps. Elastic waist bands and sports bras are acceptable. Dentures, false teeth, implants, and hearing aids are safe and do not need to be removed for your exam. Belts and metal zippers are safe but can cause artifacts in the images. As a result the technologist will cover you and simply have you lower your pants to mid thigh for the exam. Female patients must notify their physician and the technologist if they are or think they might be pregnant for further instructions.

If you have any further questions please call our CT Department at (626) 397-5146.