Prep CT Abdomen/ Pelvis w/ PO (Oral) Contrast

1) You must bring your prescription/ order from your doctor and current lab work prior to scheduling appointment. The order must clearly state “with PO Contrast”, not “with Contrast”. Any documents can be faxed to (626) 397-2975.

2) Please download and fill out our Contrast Media form **[Link is on this page]** and notify us if you are Diabetic and taking any form of Metformin or (Glucophage); Fortamet, Glumetza, Riomet, Avandamet, Glucovance, Actoplus Met.

3) Please be ready to give us a list of your medications, significant health conditions (especially asthma, heart problems, or kidney problems), and history of any prior allergic reaction to an IV contrast injection. In the event of certain allergies pre-medications can be prescribed.

4) Please do not eat solid food for at least 4 hours prior to your exam. A small quantity of clear liquids are OK.

5) You may continue to take your medications.

6) Please arrive at least 2 hours to your exam in order to register and begin your oral prep. Please go to the main Radiology reception window to register. The oral prep is administered 225ml every half-hour prior to the exam for a total volume of 900ml.

7) Your scan time should take no longer than 5 minutes to complete. Due to our high inpatient volume we apologize for any delay in your scan.

Please leave your jewelry and valuables at home. Try to wear comfortable clothing free of zippers, belts, metallic buttons or snaps. Elastic waist bands and sports bras are acceptable. Dentures, false teeth, implants, and hearing aids are safe and do not need to be removed for your exam. Belts and metal zippers are safe but can cause artifacts in the images. As a result the technologist will cover you and simply have you lower your pants to mid thigh for the exam. Female patients must notify their physician and the technologist if they are or think they might be pregnant for further instructions.

If you have any further questions pleas call our CT Department at (626) 397-5146.